



B

Brevard

59 Oakdale St

(828) 966-9036

Ref Fax Line:

(828) 966-4538

A

Asheville

260 Merrimon Ave
Suite 100

(828) 785-4700

Ref Fax Line:

(828) 552-5566

W

Woodfin

61 N Merrimon Ave
Suite 107

(828) 484-8398

Ref Fax Line:

(828) 484-8399

MM/DD/YYYY

Print/Type: Patient Name

PT Evaluation & Treatment

Print/Type: Patient Cell Phone #

OT Evaluation & Treatment

Print/Type: Diagnosis/Reason For Referral

Print/Type: Ref Practice Contact's Name

(XXX) XXX-XXXX

Print/Type: Ref Practice Contact's Email

MD Signature

Print/Type: MD First + Last Name + Title

My signature certifies that treatments are medically necessary

Background/Special Instructions: *Evaluate and Treat*

Musculoskeletal Disorders

- Back Pain
- Sciatica
- Neck Pain/Cervicalgia
- Post-Surgical
- Joint Pain
- Osteoporosis (Post-Menopausal)
- Osteoarthritis
- Thoracic Outlet Syndrome

Athletic Injury + Pain

- Athletic Injuries
- Muscle Spasm
- Muscle Weakness
- Muscle Incoordination

Somatic Dysfunction

- Sacroiliac Dysfunction
- Fibromyalgia

Occupational Therapy (OT Therapy)

- Task Modification
- Cognitive Deficit Assessment
- Low-Vision/Vision Perceptual
- Lifestyle Modification
- Lifestyle Approach

TBI / Stroke / Parkinson's / General Neuro

- Trauma Complications
- Cognitive Impairment Rehab
- Visuospatial Deficit
- Cognitive Communication
- Stroke/Parkinson's Therapy
- Frontal Lobe/Executive Function Deficits
- Attention/Concentration Deficit
- Flaccid/Spastic Hemiplegia

Aquatic Therapy (Available at our Brevard Location)

- AT: w Therapeutic Exercise
- AT: Therapeutic Activities
- Joint Mobilization
- Massage

Pelvic Health Rehabilitation

- Core Weakness
- Post-Partum
- Pelvic Pain
- Dyspareunia
- Pudendal Neuralgia
- Pelvic Organ Prolapse
- Pelvic Girdle Strengthening
- Rectus Diastasis

Bladder and Bowel Dysfunction

- Urinary Incontinence
- Fecal Incontinence
- Urinary Retention
- Urinary Urgency/Frequency
- Fecal Urgency/Frequency
- Constipation

Balance and Fall Risk

- Difficulty Walking
- Vestibular
- Balance and Fall Risk Screening (BFRS)
- Balance Risk Education

Lymphedema (OT Therapy)

- Program Development
- Garment Consultation
- Lymphedema Therapy
- Post-Mastectomy
- Performance Deficit Assessment
- Muscle Re-Education
- Compression/Dilatation
- Obstruction/Occlusion

Trigger Point Therapy

- Dry Needling

Massage/Manual Therapy

- Massage (\$)
- Manual Therapy/Mobilization

Personal Health/Training

- Personal Training

When All You Want to Feel...Is Better!

www.perfectbalancept.com

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